

# AstroVision2009

HEALING SIGNS for 2009 by ALEXANDRIA



## AQUARIUS

### Creativity

2009 will challenge even the most innovative of Aquarians as you become aware of the power of clarity and honesty in your world. 2008 encouraged you to feel more than ever before and the next step on your path of creative expansion will be to build on the foundations of heartfelt choice. This will become obvious after the cosmic and practical shifts in February & March. After June you'll be free to embrace the empowerment that comes from loving what you do and doing what you love.

*Apply: Understanding*

### Relationships

Your ability to trust will be put to the test this year when Chiron, the planet of healing service, combines with the North Node causing some of your mental certitudes to turn into uncomfortable insecurities. It'd be easy from July onwards to say you don't care and run away from those you love but, instead, realise that trying to keep everything under control is the reason for your relationship difficulties, not the remedy.

*Apply: Simplicity*

### Wellbeing

Neptune and Chiron stand side by side for much of 2009 in the buildup to their exact conjunction in 2010. So take the healing hint and allow the restricting habits of recent years to fall apart. If you want to go on detours of denial then be prepared for heightened mental stress and increased stress levels as you resist self loving change. If you can be honest about what needs to change then you'll feel

progressively stronger and more enthusiastic, and you'll remember 2009 as the year you turned your life around.

*Apply: Education*

**Planetary Partner:** Chiron

**Meditation:** "I am balancing heart and mind."

## PISCES

### Creativity

Neptune and Uranus will influence you strongly in 2009 by highlighting your fear of change, but then by lighting up the path of opportunity. These unconventional healing cycles could make all the difference if you're willing to embrace a more radical shift. The time of gentle 'long termism' is over so don't waste valuable energy looking back on what you would've liked to change. Instead, be willing to deal with the excuses you make to yourself and others, then you'll convert intangible dreams into tangible innovation.

*Apply: Adventure*

### Relationships

If you enjoy relationship roller coasters then you won't be bored this year. Chance meetings, the rekindling of old flames and a refreshed attitude towards yourself could leave you in a spin until October, as you watch a strange play of life entitled 'The types of relationships I have known.' All the world is indeed a stage but if you're going to take advantage of your 5 minutes of fame, make sure you've asked your heart what you really feel and the purpose behind your words is loving, clear and unconditional.

*Apply: Clarity*

## Wellbeing

Much that you experience in 2009 could appear a nice idea at the time but turn out to be much more physically demanding than you first anticipated. As a result, be sure to take time to understand your workload and the conscious changes you're choosing before Mars goes into Pisces in March. If you can synchronise with your world after March then you'll remain motivated and become rejuvenated when Saturn goes into Libra at the end of October.

*Apply: Discipline*

**Planetary Partner:** Uranus

**Meditation:** "I am appreciating my path of change."

## ARIES

### Creativity

You are redefining your sense of abundance in 2009 as you deepen your relationship with your creative heart and ask yourself 'Is this really what I want?' Many will see you as justifying an uncharacteristic lack of ambition but what's important is that you take time out in February and October to understand your creative vision. You're the sign of courage and focus but will you have the purpose of heart and the presence of mind in June to explore what really counts?

*Apply: Integrity*

### Relationships

2009 is a confusing mix of chaos and excitement as a quieting of your business life appears to stimulate an upsurge in romance, family time and meeting new people. Where did they all come from? It's unlikely you'll find the answer to

this question but, before you try and get as much relationship action as you can, remember the Fire sign that burns the brightest is the one that learns through observation, unconditionality and being heart-centered rather than the centre of attention.

*Apply: Compassion*

## Wellbeing

Your health is unlikely to deteriorate in 2009 but if you've been feeling the effects of long term depletion in 2008 then make sure you don't exchange unrealistic workload for an unrealistically demanding social life. Mars will make a pact with Saturn in February so don't try to ask your ruling planet to subsidise your excesses or you'll have many pieces of yourself to pick up by the time Saturn goes into opposition in November.

*Apply: Play*

**Planetary Partner:** Mercury

**Meditation:** "I am balancing my masculine and feminine natures."

## TAURUS

### Creativity

2009 challenges you to embrace new creative perspectives and set out on what others call a journey of fools. But you know in your heart it's a journey of wisdom. However, dissolving self doubt may have you hanging around until late April before you can truly get on your way. But once you step forward you'll embrace the empowerment that comes from inner courage and the loving practicality for which you are so renowned.

*Apply: Trust*

### Relationships

Friends and family may seem more important to you than ever this year when words will actually speak louder than actions! Not always the most comfortable with your emotions, duty and judgement will be replaced by service and

acceptance and you'll feel the value of relationship without becoming drained or controlling.

*Apply: Harmony*

## Wellbeing

If you've been avoiding health problems and a health regime that works for you then make a special effort in 2009 to get back into balance. Reinforcing limiting habits or, worse, compounding self sabotaging behaviour could bring a health crisis by July so to avoid hearing 'I told you so,' listen to your body when it asks for help.

*Apply: Willingness*

**Planetary Partner:** Saturn

**Meditation:** "I am embracing flexibility."

## GEMINI

### Creativity

Getting what you think you want in 2009 could actually stop you in your tracks. Pluto's movement into Capricorn will begin a cycle of release as you embrace a more unified perspective which leaves little space for worry or drama. Yes, you are receiving a cosmic new beginning but remember that you may not be sufficiently balanced to embrace it until November.

*Apply: Rebirth*

### Relationships

Be careful you don't take off this year as the airy mood of the Zodiac encourages you to expand. But you're concerned that Saturn's critical eye will bring you crashing down to Earth. So understand that Saturn is not criticising you, it's reminding you that your perception of relationships depends on how balanced you are and how willing you are to live in your heart rather than float in your mind.

*Apply: Clarity*

## Wellbeing

2009 is indeed a year of many crossroads. But this doesn't mean

you have to accelerate at full speed to arrive at them and then slam on the brakes at the last minute, giving yourself little time to contemplate your direction. Take heart as you look around your world and replace stress with the acknowledgement that extremes in your world are in decline. If you can trust, you'll enjoy the process.

*Apply: Unlimited Physical Creation*

**Planetary Partner:** Sun

**Meditation:** "I am embracing unity."

## CANCER

### Creativity

Pluto's opposition to your sign could make for a bumpy start to 2009 as Mars seems to chase you through the Zodiac and nobody takes any notice. So if you want to release both the inner bully and victim this year, realise that when you resist detachment, you're actually strengthening the very obstacles that you're working to release.

*Apply: Personal Truth*

### Relationships

You won't find the relationship rebirth you seek in 2009 by wishing you could start all over again in the past. But if you value the emotional wisdoms that you can draw on due to your past relationship journeys, you'll be able to move ahead with greater confidence, honesty and the willingness to see everyone who surrounds you as the perfect source of reflection while you deepen your commitment to your self.

*Apply: Inspiration*

## Wellbeing

Your health is very much linked to your emotional well being in 2009. It'll be easy to gain weight rather than the resolve to be self loving, so make a commitment to yourself to dismantle your emotional dependencies and put the resulting energy into creating your dreams. Then you'll receive steady support for all your phases of change

rather than start out zealously only to become depressed because you're too tired to continue your transformation.

*Apply: Centeredness*

**Planetary Partner:** Jupiter

**Meditation:** "I am recycling emotional attachments."

## LEO

### Creativity

Your definition of joy will be expanding this year as you understand more deeply the intentions behind your creations and what's truly in your heart. In 2009, many Leos may feel that they have no choice when it comes to making ends meet but, in truth, it is the resistance to change that has brought this temporary narrowing of your creative path. So in your New Year resolutions, remember to focus on an open heart and an open mind and you'll achieve creating with less struggle and more ease.

*Apply: Transmutation*

### Relationships

Your good humour may stretch to breaking point in the first quarter of this year so, before exaggeration and extremes become your best friends, be prepared to listen first and leave assumption in the past where it belongs. Your perception will go through a major shift in 2009 so if you are to expand the relationship with your Higher Self, understand this will be achieved through responding, not reacting, and by balancing giving and receiving.

*Apply: Flexibility*

### Wellbeing

Although your belief systems and expectations may come crashing down in the first part of 2009, your health will go from strength to strength. Why? Because you'll be progressively releasing the burdens of the past and finding the willingness to embrace the empowerment that comes from

being honest and cooperative.

*Apply: Detachment*

**Planetary Partner:** Saturn

**Meditation:** "I am being honest with myself."

## VIRGO

### Creativity

Master or martyr? This is the question many Virgos will find themselves asking in 2009 as Saturn heads towards Libra and the powerful wisdoms of its journey through Virgo are ready for harvest. As devotion at any cost becomes an untenable burden, many Virgos will release their attachments to a zealous past and give themselves the compassion that they have tried so hard to give to others.

*Apply: Grace*

### Relationships

Your low key approach to relationships this year could have people thinking you're tired, angry or avoiding them. However, if your attitude is one of detachment rather than resentment, this is just what's required. It'll bring a much-needed balance into relationships and give you the space to prepare to meet a social explosion when Saturn changes signs in late October making you the life and soul of the party.

*Apply: Self Discipline*

### Wellbeing

Your health this year depends on how detached you can be. For many, detachment is a lack of caring and a resistance to feeling but, as you'll find out in 2009, detachment is actually the willingness to allow others their journey of healing realisation. So make this the year when you're not standing in the middle of others' emotional turmoil but instead observing the dramas of others while offering alternative perspectives and supportive change,

if and when you are asked.

*Apply: Allowance*

**Planetary Partner:** Neptune

**Meditation:** "I am recycling my inner zealot."

## LIBRA

### Creativity

You can't wait for your Ruler Venus to arrive in your sign at the end of August but, as always, you won't be able to receive your creative big break if you haven't made time to prepare for it. 2009 will be on fast forward from January to November so remember to pace yourself and realise that the more you extend into the future, the less grounded and genuine your progress will become.

*Apply: Strength*

### Relationships

Librans are always in love with love but this year the object of your affection and your relationship with love will deepen with periods of great intensity as your awareness of unconditional love expands. 2009 will be a constant reminder not to get stuck in emotional comfort zones as you go on a fact finding tour of the Zodiac and discover how your views of relationship vary vastly depending on who you talk to.

*Apply: Understanding*

### Wellbeing

Your mental expectations could easily cause you to run out of steam in May and then flounder until September, hoping that someone or something will rescue you from your insecurities. So before you set sail for high seas of drama in 2009, remember that balanced emotions will keep your health on track and, just because what faces you isn't what you expected, it doesn't make it wrong.

*Apply: Perception*

**Planetary Partner:** Mercury

**Meditation:** "I am embracing alternative perspectives."

## SCORPIO

### Creativity

With your Ruler now in an Earth sign, 2009 promises to be right Here and Now as your Now space fills up with creative expansion and opportunities for healing. If you tried to hide from the growing creative momentum in 2008 then your resistance to change could make for a very interesting roller coaster of practical decisions and shifting perceptions. So rather than feel you're being dragged kicking and screaming by an inflexible Pluto, realise this creative rebirth is up to you and it could be a lot of fun!

*Apply: Beauty*

### Relationships

Pluto could easily set off an emotional tempest in February and March so remember to prepare fertile relationship soil for your emotional downpour and put your energy into dismantling and recycling destructive emotional cycles. Your black clouds could easily lift through the power of your personal alchemy but this can only happen if you've come to terms with what has been staring you in the face for the past 18 months. As always, the choice is yours....

*Apply: Responsibility*

### Wellbeing

With Pluto now in the Earth sign of Capricorn, you could welcome the stamina and consistent strength of Capricorn. However, this can only become a reality if you recognise where you're forcing or resisting change and that the reason Capricorn is so strong is its willingness to experience. So, if don't take your internal struggles out on your body, you'll embrace a supportive balance within your physical nature.

*Apply: Willingness*

**Planetary Partner:** Sun

**Meditation:** "I am embracing self commitment."

## SAGITTARIUS

### Creativity

2009 is not without its challenges for Sagittarians but there are also many opportunities for gratitude and consolidation. Pluto may have left the building and gone to Capricorn but the blazing path of clarity it left in the last part of 2008 will serve as a constant reminder in 2009 of the enduring power of clarity, self honesty and enthusiasm. So, with these tools in your portfolio of understanding, there's never been a better time to appreciate the community that surrounds you and inspire others to warm to the fires of change.

*Apply: Unconditional Love*

### Relationships

You turn to a different kind of exploration in 2009 when your spirit of adventure prompts you to clarify and deepen your existing relationship values. Does this mean you're slowing down and growing up? No, but it does mean your source of inspiration is moving deeper into your heart and all those you spend time with will see that you shine brighter as a result.

*Apply: New Light*

### Wellbeing

You could feel stagnant at the beginning of 2009 as you move to a pace of life that's more in tune with your inner journey. However, before you start putting on weight, remember, quality not quantity. And just because your inner light is spreading doesn't mean you give up on exercise!

*Apply: Simplicity*

**Planetary Partner:** Uranus

**Meditation:** "I am deepening my relationship with my Higher Self."

## CAPRICORN

### Creativity

2009 is a powerful time when your creative vision is both innovative and practical. For many you'll disappear in a cloud of dust while you boldly go where no Capricorn has gone before. So remember that, just because you are sky rocketing through your new phase of self, this doesn't mean you've left balance and planet Earth far behind you.

*Apply: Unlimited Spiritual Creation*

### Relationships

You could easily underestimate the power of Pluto in 2009 as you begin to relate to your world through flashes of inspiration and intense periods of realisation. Many may ask if they can have the old you back, but this is a temporary phase from March to June while all that surround you come to terms with your creative explosion and the general climate of expanded truth it creates.

*Apply: Release*

### Wellbeing

Your progress through 2009 could turn into a relentless slog by June unless you're willing to put your health and well being on an equal par with the rest of your life. Pluto will also remind you in July that true expansion can only be built on flexible and balanced foundations. So embrace the intention to nurture yourself and this will ensure you embrace the support and balance required for a healthy and fulfilling 2009.

*Apply: Joy*

**Planetary Partner:** Uranus

**Meditation:** "I am releasing the need to worry."



For a more detailed insight to your life potential, Alexandria is available for consultations in person or over distance. For more information, email: alexandria@lifeoflight.com